

FREIHANTELBEREICH



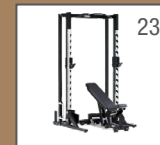
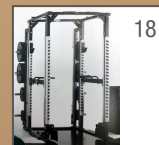
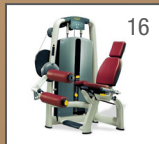
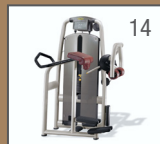
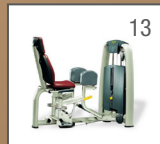
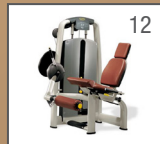
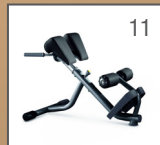
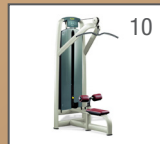
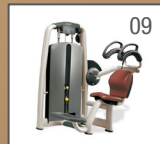
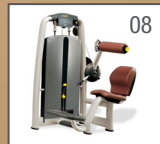
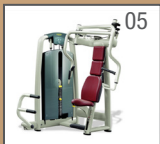
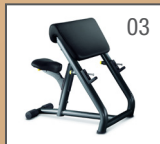
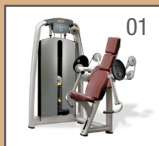
VIBRATIONSBEREICH



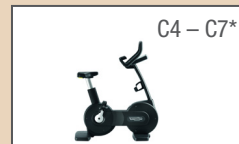
EINGANG

Fitness-Club BOSTON RED SOX

BAR



CARDIOBEREICH C1-C16



KRAFTGERÄTE

- 01 Arm Extension
- 02 Delts Machine
- 03 Mehrzweckgerät sitzend: Oberkörper
- 04 Arm Curl
- 05 Chest Press
- 06 Pectoral
- 07 Shoulder press
- 08 Lower Back
- 09 Total Abdominal
- 10 Lat Machine
- 11 Schrägbrett
- 12 Leg Extension
- 13 Adductor
- 14 Glute
- 15 Multipresse
- 16 Leg Curl
- 17 Abductor
- 18 Olympic Health Rack
- 19 Multikabelzug groß
- 20 Multikabelzug klein
- 21 Leg Press
- 22 Mehrzweckgerät
- 23 Mehrzweckgerät Oberkörper
- 24 Upper Back
- 25 Low Row
- 26 Vertical Traction

CARDIOGERÄTE

- C1 Rudergerät
- C2 - C3 Relax Fahrräder
- C4 - C7 Fahrräder*
- C8 - C11 Crosstrainer*
- C12 - C14 Laufbänder*
- C15 - C16 Waver

VIBRATIONSTRAINING

- P1 - P3 PowerPlate Geräte

FREIHANTELBEREICH

- B1 - B3 Hantelbänke
- B4 Hantelbank für Brust

* teilweise mit Anschluss
für Smartphone/MP3-Player
und integriertem TV